

Taco Inspired Zucchini Boats

Prep Time: 10 minutes

Cook Time: 20 minutes

Yield: 4 servings

Gluten-free & Dairy Free

Ingredients:

- 1 lb. organic grass-fed beef
- 4 zucchini
- 1 packet of taco seasoning
- 1/3 cup salsa
- 1/2 cup shredded dairy free cheese
- 1 Tbsp. chopped fresh cilantro
- Optional topping: avocado slices

Instructions:

- Preheat the oven to 350F
- Brown ground beef in a pan over medium-heat until cooked, add taco seasoning and 1/4 cup dairy free cheese
- Cut zucchinis in half lengthwise and scoop out the seeds
- Place zucchini boats on a lined baking sheet
- Spoon meat mixture into each zucchini boat
- Add 2 Tbsp. of salsa to each boat on top of meat
- Sprinkle remaining dairy free cheese on each zucchini boat and bake for 20 minutes
- Top each boat with fresh cilantro and avocado slices

Recipe adapted from
thetoastedpinenut.com



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