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Training and Education as it relates to Allergy Technician Career

1996 Hired with John M. Sullivan, MD and Associates, LLC

Allergy Technician training and education - American Academy of Environmental Medicine (AAEM) and American Academy of Otolaryngic Allergy (AAOA).

1996 Mentorship with Dr. Sullivan

I began by learning hands on the Provocative/Neutralization Technique, the methodology used for testing and treating food, mold, inhalant, hormone, metal, chemical, and neurotransmitter allergy/sensitivity. This type of testing can specifically target the root cause/causes of a symptom.

1996 Mentorship with Woodlands Healing Research Center, Quakertown, Pennsylvania

Previous to my hire, Dr. Sullivan had been mentored by Harold Buttram, MD, FAACP at Woodlands. I subsequently began a mentorship program with Dr. Buttram's Allergy Technician, Mark Alsup, CMT, Allergy Lab Supervisor. Training included: Serial Endpoint Titration, Multi Antigen Food Allergy Testing, allergy treatment: including mixing treatment vials, injection titration and injection technique, elimination/challenge diets, reintroduction diets and scientific food families.

1997 On site clinical Training at Dayton ENT with John Boyles, MD, FAAEM

Lectures, demonstrations, and practical applications of Serial Endpoint Titration and treatment. Provocative/Neutralization technique; for testing hormones and neurotransmitters, and specific conditions its used for.

1999 American Academy of Otolaryngic Allergy- Basic Training

Course objectives included RAST testing: interpretation, and treatment, testing tray preparation, treatment vial preparation, food allergy education, nutritional science and pharmacology. Also, intradermal testing, applying wheals and wheal interpretation; both acute and delayed local reactions.

1998-2001 Active participation in research on Endometriosis

Peer reviewed paper written by John Sullivan, MD and Jeffrey Morrison, MD, published by Alternative and Complementary Therapies, August 1999, before a follow up study was published in 2001. My participation in the paper involved allergy testing the participants for foods, molds and candida, as well as nutraceutical therapy and diet modification and support.

2001 American Academy of Otolaryngic Allergy-Advanced Training

This course was designed to build on the Basic Course by addressing the more complicated patient. Objectives included utilization of appropriate testing techniques and implementation of environmental controls including diet modification. The focus of this course was food allergy diagnosis and management in conjunction with an AAOA physician.

1998-2001 Preparation of case reviews for Dr. Sullivan's AAOA and AAEM Fellowship Oral Board Certification

Responsible for chart documentation of two successfully treated allergy patients and one failure. Chart documentation included evaluation of patient for possible environmental triggers, allergy testing, interpretation, treatment, follow up and nutraceutical therapy.

2006-2008 Began practical course of study on LDA-Low Dose Allergen Therapy

Materials used -Procedural manual for LDA -Ultra Low Dose Allergen Immunotherapy, written by W.A. Shrader, Jr., MD. LDA Patient Instruction Booklet, written by W.A. Shrader, Jr., M.D.

2008 First medical practice in Pennsylvania to begin offering LDA to patients

2009 American Academy of Environmental Medicine-LDA Symposium

Training and ongoing education in the clinical use of LDA. Lectures given by founder of LDA, William A. Shrader, Jr., MD. Course objectives included: history and development of LDA; discussion of the pros/cons of the use of LDA for treatment of diverse medical conditions; demonstrate dose selection of LDA for a wide spectrum of human disorders without the need for definitive allergy testing; describe how to prescribe and procure LDA for treatment of patients and apply the new advances in LDA therapy.

2012-2017 American Academy of Environmental Medicine video lecture series

Primary objective included providing continuing education and advancements in LDA/LDI. Lectures given by founder of LDA, William A. Shrader, Jr., MD, also Ty Vincent, MD, Kathleen Janel, ND, and John Wycoff, DO.